

QUARTERLY NEWSLETTER - WINTER 2019

Please remember - ATVs are not toys! Be safe!

During the last few weeks, we've been mindful of recent All-Terrain Vehicle (ATV) accidents involving friends and clients. "While lots of toys were unwrapped for Christmas, ATVs are not



toys," says DHH attorney Nick Allen.
"These vehicles can be great fun for the family, even in the winter. But please follow safety rules and respect the power of ATVs."

According to the Consumer Product Safety Commission (CPSC), hundreds of ATV riders -- young and old -- die or experience life altering injuries from incidents involving ATVs each year. The CPSC recommends all ATV riders follow these safety guidelines each time they ride:

- Children and young people under the age of 16 should not ride adult ATVs.
- Always wear a helmet and safety gear such as boots and gloves while on an ATV.
- Never drive an ATV on paved roads. Never drive while under the influence of drugs or alcohol.

Never drive a youth or single-rider adult ATV with a passenger, and never ride these vehicles as a passenger. There are some ATVs that are designed for two riders. Passengers on tandem ATVs should be at least 12 years old.

Additional wintertime safety is required and these additional safety guidelines should be followed:

- Never ride alone during winter.
- Beat the cold by layering on protective clothing.
- Stay on the trail. On snow



covered ground, you can't always see what's beneath the surface where you are riding.

- Stay off the ice. In this area, we rarely see the minimum six inches of solid ice you could ride on safely.
- Keep your battery charged and carry a toolbox equipped with spare parts and tools for on-trail repairs.

ATVs can be fun or even a necessary part of daily life but please, stay safe.

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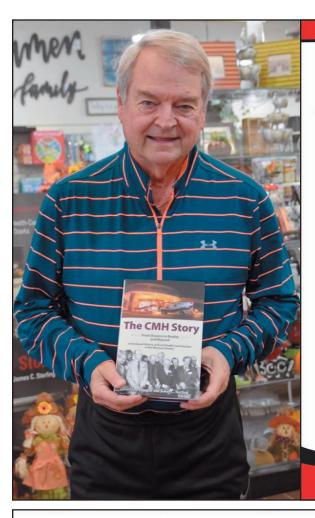
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Congratulations and THANK YOU

to our very own Kerry Douglas and former Bolivar Herald-Free Press Publisher Jim Sterling for capturing the historic, community-changing story of Citizens Memorial Hospital and our community for all to read.

Please support the CMH Auxiliary and the fine work they do by purchasing copies of Jim and Kerry's book. All proceeds benefit the auxiliary.

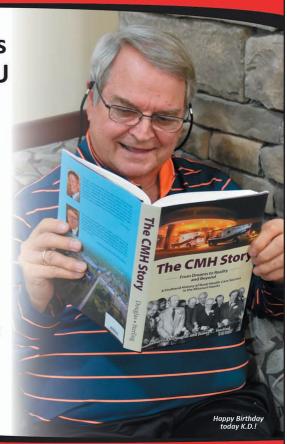
Copies are available at our office on the northwest corner of the Bolivar Square and at the CMH Auxiliary Gift Shop at Citizens Memorial Hospital. \$29.95



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Thanks be unto God for his unspeakable Sift. -2 Corinthians 9:15



Wishing you every happiness this holiday season and throughout the coming year!

Merry Christmas!

Douglas, Haun & Heidemann, P.C.

The DHH family recently came together to celebrate Christmas with good food, gifts, sugar cookie decorating, games and a lot of laughs.









